

Join us at the southern edge of Africa for an immersive learning adventure that reawakens our blueprint and inspires the qualities and capacities needed for generating profound personal and societal change.

LEARNING AT THE EDGE

Sea Change~Makers explores the latest scientific research into our shared human origins and ancient relationship we have with the sea. This interdisciplinary course integrates coastal ecology, paleo-archaeology, human physiology and ecopsychology and environmental storytelling in an exciting, intelligible and engaging way.

We blend outdoor immersion, multimedia displays, group dialogue and personal reflection as part of a facilitated learning process. Participants interact with diverse experts, experiences and environments to leave empowered with practical skills and fresh perspectives for enabling change.

TRANSFORMING OUR AWARENESS

Sea Change~Makers aims to open a profound window into:

- 1. NATURE'S WISDOM through experiential insight into the ecology of coastal waters and wildlife
- 2. HUMAN POTENTIAL through cold-water sea immersion and its enlivening physiological effects
- 3. CULTURAL CONNECTION through visiting ancient sites and rediscovering our original human design

Ultimately, this unique learning journey is about precipitating a sea-change in our consciousness.



WHO SEA CHANGE~MAKERS IS FOR

We particularly encourage: college and tertiary students; career-minded people pursuing continuing professional development; organisations seeking dynamic team-building processes; and change agents looking to upscale their eco-social impact. But we welcome anyone who has an open-mind and genuine interest in enhancing their knowledge, capabilities and (inter)personal well-being.

Facilitators: Dr. Matthew Zylstra in partnership with Craig Foster and the Sea Change team with guest presenters.

Course Details: noeticecology.org/courses/ Enquiries: natt@seachangeproject.com





